

# Your Grate Escape

*A Personal Chef & Catering Service...*

## Dinner Menu

- **February 1**, Eggplant Parmesan over Spaghetti with Side Salad & Garlic Bread. Sliced Roast Beef au Jus with Roasted Red Potatoes, Green Beans & Roll.
- **February 2**, Meatloaf with Mashed Potatoes, Green Beans & Roll. Sauteed Orange Shrimp & Vegetables over Jasmine Rice with Cheddar Garlic Biscuit
- **February 3**, Chicken Breasts Eden Isle, Roasted Red Potatoes, Steamed Vegetables & Roll. Crab Cakes with Roasted Red Potatoes, Asparagus & Roll;
- **February 6**, Honey Bell Beef Stifry with Jasmine Rice & Roll. Sliced Glazed Ham with Pineapple Casserole, Mashed Potatoes & Roll.
- **February 7**, King Ranch Chicken Casserole w/ Mashed Potatoes & Roll. Salmon Cakes with Mashed Potatoes, Asparagus & Roll.
- **February 8**, Pot Roast with Potatoes & Carrots, Green Beans & Roll. Glazed Half-Slab Baby Back Ribs with Sweet Potato Fries & Slaw.
- **February 9**, Cilantro & Orange Glazed Pork with Roasted Red Potatoes, Sauteed Vegetables & Roll. Creamy Shrimp & Vegetables in Puff Pastry w/ side Salad.
- **February 10**, Raspberry-Chipotle Glazed Salmon with Baked Potato, Sauteed Vegetables & Roll. Lasagna with Side Salad & Garlic Bread
- **February 13**, Chicken Breast Amandine over Mixed Green Salad with Pears & Roll. Pork BBQ Sandwich with Baked Beans, Sweet Potato Fries & Cole Slaw.
- **February 14**, Sweetheart Special - Two 8 ounce Filet Migons with Baked Potatoes, Sauteed Vegetables, Roll, Spinach & Strawberry Salads with Raspberry Vinaigrette & 2 Red Velvet Cupcakes.
- **February 15**, Chicken Enchiladas over Mexican Rice with Corn Muffin Sauteed Lemon-Pepper Tilapia over Rice Pilag with Asparagus & Roll.
- **February 16**, Garden Chicken with Hashbrown Casserole & Roll. Sauteed Pork Chops with Pears with Mashed Potatoes, Roasted Vegetables & Roll.
- **February 17**, Grilled Sliced Beef Tenders & Potatoes w / Garlic Herb Butter, Side Salad & Roll. Spicy Sausage & Dirty Rice with Side Salad & Roll.
- **February 20**, Shrimp & Grits with Side Salad & Roll. Chicken Cacciatore over rice with Asparagus & Roll.
- **February 21**, Whiskey Sauce Pork Chops with Sweet Potatoes & Roll. White Chicken Chili with Cornbread Muffins & Side Salad.
- **February 22**, Steak Teriyaki with Rice & Roll. Crab Bisque with Cheddar Garlic Biscuit & Side Salad.
- **February 23**, Mesquite Roasted Salmon Filet with Red Potato & Vegetable Hash & Roll. Grilled Lemon Chicken Breast with Red Potato & Vegetable Hash & Roll.
- **February 24**, Spaghetti Carbonara with Side Salad & Garlic Bread. Sauteed Beef Tenders with Onions & Mushrooms, Baked Potato, Side Salad & Roll.

## SIDES & ACCOMPANIMENTS

- **February 27**, Wild Rice & Chicken Casserole with Side Salad & Roll. Marinated Beef Satays with Ramen Noodle Slaw, Jasmine Rice & Roll.
- **February 28**, French Oven Beef Stew with Cheddar Garlic Biscuit & Side Salad. Mexican Chicken, Black Bea & Rice Casserole with Ranch House Salad & Roll.
- **February 29**, Firehouse Smothered Steak over Mashed Potatoes, Green Beans & Roll. Vegetable Lasagna with Garlic Bread & Side Salad.

## BEVERAGES

- Coke • Diet Coke • Sprite
- Sweet & Unsweet Tea - \$1.29
- Fresh Squeezed Lemonade - \$1.59

### CONTACT US:

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